

# Start quitting today

**Ask your pharmacist about the Illinois Tobacco Quitline**



- **Personalized quit plan**
- **Motivational text messages**
- **Free nicotine patches, gum, or lozenges (if eligible)**
- **One-on-one counseling**

—ILLINOIS—

# TOBACCO

# QUITLINE

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## YOUR QUIT, YOUR CALL

**Sign up now**  
**1-866-Quit-Yes | quityes.org**



**Call Monday-Friday, 7AM-9PM  
or Saturday-Sunday, 9AM-5PM**

**Enroll online anytime**

**Se Habla Español | Interpretation service  
available for 250 languages**

**TTY: 800-501-1068**

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**@quityesIL**

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