

Start quitting today

Ask your pharmacist about the Illinois Tobacco Quitline



- **Personalized quit plan**
- **Motivational text messages**
- **Free nicotine patches, gum, or lozenges (if eligible)**
- **One-on-one counseling**

ILLINOIS
TOBACCO
QUITLINE
YOUR QUIT, YOUR CALL

Sign up now
1-866-Quit-Yes | quityes.org



Call Monday–Friday, 7AM–9PM
or Saturday–Sunday, 9AM–5PM
Enroll online anytime

Se Habla Español | Interpretation service
available for 250 languages
TTY: 800-501-1068

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